



live to Run...
Run to live

Winterfest 5K Run or 1.6M Fitness Walk

39th ANNUAL

Saturday, February 3, 2024

Small Memorial Park, Kankakee, IL



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Sponsored By

Court Street Ford
Kankakee River Running Club



Contributing Sponsor

The Chicago Dough Company

Course Description

The 5K run is a 2-loop course run on the city streets following the perimeter of Small Memorial Park and Kennedy Upper Grade School. The 1.6 Mile walk is 1 loop of the same course. The finish will be computerized.

Race Directors

Rich Olmstead 815-549-9633
E-mail talkinglvs1@comcast.net
Ken Klipp 815-937-1958

Shirts are only guaranteed to those who pre-register by January 27, 2024 and select the shirt option.

Registration and Staging Area

The Civic Auditorium, located at 8th Street and Charles Street, is the staging area. Take I-57 or Rt 45 to Rt 17 (Court Street), and go west across the river to Wall Street (1st light). Go south on Wall Street to Water Street (stop sign, T-intersection). Turn right, and go two blocks. Race day registration will be from 11:30 a.m. to 12:30 p.m. The race begins at 1:00 p.m.

NOTE – CHANGES THIS YEAR

- 1) The walk will be 1 loop around the course, making it 1.6 miles. This will facilitate an earlier start on the awards. The 5K run will be 2 loops around the course.
- 2) Choice of Dri-Fit or cotton shirt

Pre-Registration Mailing

Mail check to KRRC
690 S. Wildwood Ave.
Kankakee, IL 60901
by January 30, 2024

Entry Form

Name _____
Address _____
City _____ State _____ Zip _____
Birth Date ____/____/____ Age on 2/03/24 _____
Phone _____
Email address _____
Gender: M _____ F _____
Race: 5K Run _____ 1.6 Mile Walk _____

Registration Fee

Pre-Registration **No Shirt** \$15.00 _____
Pre-Registration **With Shirt** \$30.00 _____
Race Day Registration **No Shirt** \$25.00 _____
Age 18 and under or KRRC and PSRR
Members: Deduct \$2.00 _____
Shirt type (circle one) Dri-Fit Cotton
Shirt size (circle one)
Women's Sizes (May run small): S M L XL
XXL Add \$2:00 _____
Men's Sizes S M L XL
XXL Add \$2:00 _____
Amount Enclosed _____

You may also register online at: www.racerpal.com/races/winterfest

Waiver of Liability

In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, hereby for myself, my heirs, my executors, and administrators, waive and release any and all rights and claims for any damages, loss, liabilities, claims, demands, costs and expenses, which I may now or in the future have against the Winterfest 5K, the City of Kankakee, the County of Kankakee, the Kankakee City Police, Kankakee Valley Park District, Kankakee River Running, the Race Directors, and any and all sponsors. Further, I hereby grant full permission to any and all of the foregoing to use any photograph, video, recording or any other record of this event for any purpose whatever.

Signature (Parent or Guardian, if entrant is under 18) _____ Date ____/____/____

Charity

A portion of the proceeds from the Winterfest 5K will be donated to The Salvation Army. Please bring a canned food or non-perishable donation for the food pantry.

Awards

Running division: Top 3 overall male and female, top male and female masters (40 and over), proportioned awards in 5-year age groups for male to age 75+ and female to age 70+.

Walking division: awards to the first 10. **Please note:** The fitness walk is on the honor system and for **walkers only**. If you are going to run any part of the course, you must register as a runner.

T-Shirts

Long-sleeved shirts (either Dri-Fit or cotton) guaranteed to all pre-registered by January 27, 2024, who select the shirt option.

Refreshments

Pizza from The Chicago Dough Company

KRRC's Classic Series

Winterfest 5K is Kankakee River Running Club's first club-sponsored race of the year, and is a qualifying race for the Classic Series. See the club website www.KankakeeRiverRunningClub.com for details on the Classic Series.

KRRC
690 S Wildwood Ave
Kankakee, IL 50901



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